

JANUARY 2021

Gasconade Wildcats

This institute is an Equal
Opportunity Provider



Happy New Year!!!

Monday

Tuesday

Wednesday

Thursday

Friday



No School
New Year's Day!
2021

Donut, yogurt **4**
Applesauce, fruit cup
Chicken Patty on bun, fries,
Tomato, fresh veg., pears

Pancake, sausage, **5**
Fruit choice
BBQ Meatballs, buttered
noodles, green beans,
Berries on a cloud

Oatmeal, cinnamon toast **6**
Mix fruit, raisins or crasins
Quesadilla, salsa,
Mexican rice, Mexican beans,
Jello & fruit

Egg & Cheese biscuit, **7**
Tots, pears, juice
Pizza, salad, tomato,
Fresh fruit

Cheerios, cereal bar, **8**
Applesauce, juice
Ham & egg, waffle,
Tots, mixed fruit

Pancake & sausage on a **11**
Stick, applesauce, fruit cup
Dogs in a blanket, chips,
Pork & beans, fresh veg,
Peaches, snack

Waffles, yogurt, **12**
Fruit choice
Sloppy fries, corn on the cob,
Fresh fruit, cookie

Biscuit & gravy or jelly, **13**
Tots, mix fruit, fresh fruit
Fish nuggets, mac-n-cheese
Peaches, fresh veg.,
strawannas

Egg patty w cheese, muffin, **14**
Peaches, juice
Scrambled lasagna,
Salad, tomato, garlic bread,
Frozen fruit cup

Cinnamon toast crunch, **15**
Cereal bar, applesauce, juice
Sweet & sour chicken,
Fried rice, carrots,
Sugared cherries

No School
Martin Luther King
Day **18**

Blueberry pancake, **19**
Sausage, fruit choice
Chicken strips, creamy rice,
Spinach, fresh veg.
Peaches & cream

Oatmeal, cinnamon toast **20**
Mix fruit, raisins or crasins
Beef & noodles, green beans,
Fresh fruit, cookie

Sausage biscuit w jelly **21**
Tots, pears, juice
Tacos, lettuce & tomato,
Bean dip & chips,
Jello & fruit

Mini Wheats, cereal bar, **22**
Applesauce, juice
Chicken Patty, Mash Potato
& gravy, Peas & carrots,
Bread, cherry crisp

Breakfast pizza, **25**
Applesauce, fruit cup
Pretzel & Cheese,
Celery, apple and peanut
butter cup, animal crackers

French toast, yogurt, **26**
Fruit choice
Chicken Alfredo, garlic bread
Broccoli, fresh veg.
Berry Whip

Biscuit & gravy or jelly **27**
Tots, mix fruit, fresh fruit
Chili, crackers, Cheese stick,
Carrot & celery w dip cup,
Fresh fruit

Ham, Egg & cheese scramble, **28**
Muffin, peaches, juice
Chicken & Waffles,
Green beans,
Frozen fruit cup

Marshmallow mateys **29**
Cereal bar, applesauce, juice
Enchilada, Mexican rice,
Corn, peaches & pineapple

No Charge for any meals for the rest of the school year! All meals are served with a choice of white milk or Flavored 1% milk
Menu subject to change depending on availability of product. Nutrition information available upon request.

